



LUNCH MENU

STARTERS & SALADS

FRIED ARTICHOKE HEARTS (v)
lemon-garlic aioli | 12

FRIED PARMESAN RISOTTO (v)
herb aioli | 8

GRILLED CALAMARI (gf)
potato, olives, arugula, lemon vinaigrette | 16

BURRATA, ARUGULA & PESTO (v, gfo)
grilled bread | 14

CORN & CRAB SOUP (vv, gf)
Bacon, shallots, potato | 18

GREEK SALAD & BELUGA LENTILS (gfo, v)
tomato, red onion, feta, cucumber, olives, pita,
tzatziki | 16

KALE, QUINOA & BRUSSELS SPROUT SALAD (vv, gf)
apple, almonds, pomegranate, citrus vinaigrette
half portion 10 | whole portion 15

COBB SALAD (gf)
avocado, bacon, hard-boiled egg, blue cheese,
tomato | 17

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs
may increase your risk of foodborne illness

*Not all ingredients are listed on the menu. Please inform your server of food
allergies

v= vegetarian

vo= vegetarian option

vv= vegan

gf= gluten free

gfo= gluten free option

SANDWICHES

GAZPACHO & GRILLED CHEESE (v)
multigrain, cheddar, mixed greens | 17

B.L.T. on TOASTED MULTIGRAIN
avocado, mayonnaise | 16
(choice of French fries or mixed greens)

FRIED CHICKEN SANDWICH
mayo, onion, tomato, romaine | 17
(choice of French fries or mixed greens)

PRETZEL BUN WITH ROASTED BROCCOLI
& AVOCADO (v) dijonnaise, cheddar | 17
(choice of French fries or mixed greens)

CHEESEBURGER (gfo)
Chapel Hill Farm beef, cheddar, lettuce, tomato, onion
add sunny side egg 2 | add bacon 4
(choice of French fries or mixed greens) | 24

ENTREES

ZUCCHINI LASAGNA (v, gf)
tomato, spinach, ricotta, mint, lemon | 18

JENN'S CHICKEN POT PIE
spinach, peas, carrots, mushrooms | 22

PERUVIAN CHICKEN THIGHS (gf)
avocado jalapeno- cilantro sauce, black beans | 28

BIBB, AVOCADO & SALMON SALAD (gfo)
tomato, haricot vert, sunflower seeds, sourdough
croutons, basil green goddess dressing | 32

SESAME SEARED TUNA (gf)
brown rice, edamame, avocado, chili soy sauce | 28

GRILLED SHRIMP TACOS
soft corn tortilla, sriracha sour cream, cabbage,
jalapeno, corn, avocado | 19

SWEETS

MINI MISSISSIPPI MUD PIE IN A JAR
oreo crumbs, chocolate pudding, mousse | 7

TIC TAC TOE MILK & COOKIES
chocolate & vanilla sable cookies + milk | 6

NONNA'S RUM CAKE
walnuts, whipped cream | 8

STRAWBERRY SHORTCAKE
whipped cream | 12