



LUNCH MENU

STARTERS & SALADS

BANGIN BROCCOLI (vv)
sambal sauce | 15

FRIED PARMESAN RISOTTO (v)
herb aioli | 11

GRILLED CALAMARI (gf)
potato, olives, arugula, lemon vinaigrette | 17

BURRATA & CAPONATA (v, gfo)
arugula, grilled bread | 15

GREEK SALAD & BELUGA LENTILS (gfo, v)
tomato, red onion, feta, cucumber, olives, pita, tzatziki | 17

KALE, QUINOA & BRUSSELS SPROUT SALAD (vv, gf)
apple, almonds, pomegranate, citrus vinaigrette
half portion 11 | whole portion 16

BABY GEM CAESAR SALAD (v)
parmesan, croutons | 15

COBB SALAD (gf)
avocado, bacon, hard-boiled egg, blue cheese,
tomato | 18

SOUP OF THE DAY (gf)
Please ask your server | 13

FLATBREAD

- stracchino, caponata, arugula (v)
- chicken pesto, mozzarella, arugula
- olive tapenade, roasted peppers, vegan mozz, arugula (vv)
22 each | Add Prosciutto \$8

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs
may increase your risk of foodborne illness
*Not all ingredients are listed on the menu. Please inform your server of food allergies

v= vegetarian
vo= vegetarian option
vv= vegan
gf= gluten free
gfo= gluten free option

SANDWICHES

TOMATO BISQUE & GRILLED CHEESE (v)
multigrain, cheddar, mixed greens | 18

B.L.T. on TOASTED MULTIGRAIN
avocado, mayonnaise | 18
(choice of French fries or mixed greens)

FRIED CHICKEN SANDWICH
mayo, onion, tomato, romaine | 18
(choice of French fries or mixed greens)

VEGAN BURGER (vv, gfo)
lettuce, tomato, onion, pickles, special sauce | 22
*contains nuts
(choice of French fries or mixed greens)

CHEESEBURGER (gfo)
Chapel Hill Farm beef, cheddar, lettuce, tomato, onion
add sunny side egg 2 | add bacon 4
(choice of French fries or mixed greens) | 25

ENTREES

JENN'S CHICKEN POT PIE
spinach, peas, carrots, mushrooms | 24

PERUVIAN CHICKEN THIGHS (gf)
avocado jalapeno- cilantro sauce, black beans | 30

BIBB, AVOCADO & SALMON SALAD (gfo)
tomato, haricot vert, sunflower seeds, sourdough
croutons, cucumber dressing | 33

SESAME SEARED TUNA (gf)
brown rice, edamame, avocado, chili soy sauce | 30

GRILLED SHRIMP TACOS (gf)
soft corn tortilla, sriracha sour cream, cabbage,
jalapeno, corn, avocado | 21

ZUCCHINI LASAGNA ROLLS (v, gf)
ricotta, tomato, mint, lemon | 24

SWEETS

CHOCOLATE FLOURLESS CAKE
cappuccino gelato | 14

COOKIES & CREAM ICE CREAM SUNDAE
oreo crumbs, snickerdoodle, caramel, whipped cream | 14

NONNA'S RUM CAKE
walnuts, whipped cream | 9

SEASONAL FRUIT COBBLER
vanilla ice cream | 14